

HEALTH GUIDELINES

On Sunday mornings, we use Entrance 1 to enter the doors nearest the Sanctuary. Please wear a mask and observe the 6-foot distancing guideline. Hand sanitizer is readily available throughout the church. The Worship Center seating is marked for your safety, with alternating rows specified for the 8:30 or the 11:00 service. Additional meeting rooms are arranged to provide safe distancing. Families are encouraged to sit together and to observe distancing between groups.

For the health and safety of everyone, please stay home if you or any member of your household has any of the following symptoms:

Fever	Chills	Cough
Fatigue	Muscle or body aches	Headache
Sore throat	New loss of taste or smell	Congestion
Runny nose	Diarrhea	Nausea or vomiting
Shortness of breath or difficulty breathing		

In addition, **please stay home if you or any member of your household has been diagnosed with COVID-19 or has had contact with someone who has been diagnosed.**

CDC Guidelines suggest that people who have close contact with an infected person can end their quarantine after seven days if they receive a negative test or after 10 days without a test.

The CDC defines close contact as 15 minutes total spent 6 feet or closer to an infected person.

People should continue to monitor symptoms 14 days after exposure.